

THE DESIRE MAP 6 WEEK CLASS WITH CAROL WALKNER

HOW TO CREATE GOALS AND A LIFE WITH SOUL

Based on the book – The Desire Map by Danielle Laporte

A life-changing, game changer of a class. Do you know how you want to feel in the various aspects of your life? As soon as you determine this YOU take charge of your life and everything changes – for the better.

Are you happy at work? Are your relationships filled with joy? Do you love the life you have designed for yourself? Are you excited, content, happy in your days? Sleeping well and in comfort at night? HMMMM! Think about it.

When you determine how you want to FEEL in the areas that make up YOUR life then we can set up an action plan and find out what you have to DO, BE or HAVE to feel that way...that's when everything changes.

Since reading the Desire Map book, designing this class and teaching it for the past 5 years my life has changed drastically – FOR THE BETTER.

I AM THE HAPPIEST I'VE EVER BEEN – EVER IN MY LIFE.

It's not rocket science and it's a 6 WEEK class. You are worth the time it will take to bring joy, confidence, happiness, abundance, love...whatever you want to feel – into your life!

It's quite a simple formula. In this experiential class you will write, delve into yourself and share (optional) with the group. The sharing is magical when you realize you are not alone in your life decisions and discussions. I hold a sacred container that is safe, filled with wonder and positive energy.

Do YOU want to be happier, more content, more confident (insert your own feeling word) than you've ever been? Join us and discover for yourself.

You may purchase the book/workbook if it feels right to you. It is not a requirement as there will be worksheets for every class which you will use in class.

Ask yourself now – how do I WANT TO FEEL in each of the areas of MY LIFE? If you know the answer but don't feel that way – this class is for you. If you don't know the answer then this class is for YOU. If you want to take the next positive step on your life's path of growth this class is for you.